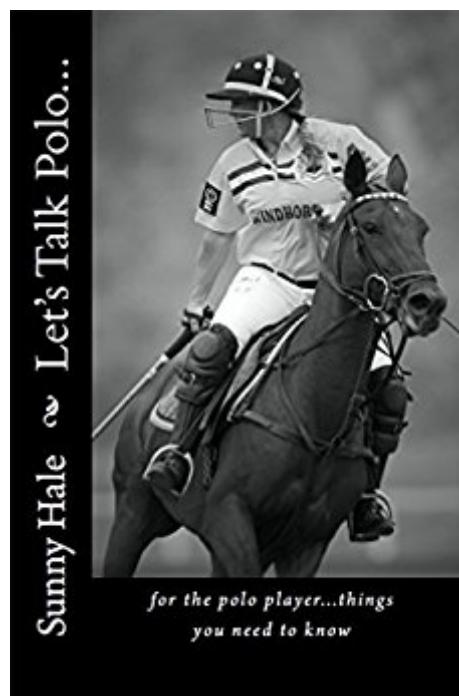


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# Let's Talk Polo...: For The Polo Player...things You Need To Know.



## **Synopsis**

This book is an authentically inspired conversation about how to become a better Polo Player, written by the most famous female polo player in the world Sunny Hale. This book covers the most important basic elements in Polo, that every polo play should know. It is straight forward, to the point and easy to read. The techniques and strategies are proven and what gave her the opportunity to play amongst the best players in the world and literally change history in the process. What sets her apart from the pack, is her achievements at the top of what has traditionally been a male dominated sport and the fact that she was hired as a professional player to compete on teams alongside some of the greatest male players in the sport. This would be the equivalent of a woman being hired to play in the NBA, World Series or the Superbowl as a starter among the men and winning the championships. Sunny is the first woman in US History to win the prestigious US Open Polo Championships, America's most coveted polo trophy. This is the first book released in the Let's Talk Polo book series.

## **Book Information**

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## **Customer Reviews**

I recommend for any player looking to improve their game. Most helpful for me: Importance of

developing tail shots, chapter on mallets, drawing fouls from players who do not take time to understand the rules. Thank you Sunny!

Fabulous!

Sunny Hale would have been the top female athlete in any sport she would have chosen. She has that intangible attribute that can only come from a lions heart combined with a humility that keeps her searching for ways to excel as a horseman and polo player. Her instructional book on polo is maybe the best written in the sport. It deals unique techniques dealing with mental approaches to the game that can apply to any sport. A truly entertaining read that deals with a colorful sport as well as the prime ingredient; the horse.

This is not a really rule book, it's not a book full of theoretical informations about the game and team strategy. I think it's a typical american motivating book, this typical coaching stuff. Keep your goals in mind -> go work at it -> and you will manage it! This book is easy to handle, written easy to understand. Something to read on a long flight, touching all aspects on how to get better on your polo skills. In my opinion it's no book for absolutely beginners, it's a book for low goal players with some experiences and experienced players who will get better. But the really best of this new book is the fact that the author, Sunny Hale, is a really experienced player, a horsewoman who knows what she is talking about and she has a really good marketing group behind her, so her facebook is reacting immediately on questions. I really appreciate this service. Sunny is a person she doesn't only want to earn money with this book, she really is interested in supporting the game of polo!!! I think that's more valuable than anything else in the world. And like all good american marketing concepts it's the first book of a polo serie, so later we can read every chapter more deeply :)

Wonderful and informative.

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